

# Nursing Care Plan

Use one template per patient. Do not write names, dates of birth, room numbers or record numbers. Use initials or "Patient A."

## Student and Clinical Details

Student \_\_\_\_\_ Course \_\_\_\_\_

Clinical date \_\_\_\_\_ Unit / setting \_\_\_\_\_

## Patient Background

Patient ID (initials only) \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

Medical diagnosis / reason for admission \_\_\_\_\_

Relevant history \_\_\_\_\_

Allergies \_\_\_\_\_ Code status \_\_\_\_\_

Key medications \_\_\_\_\_

## Assessment Data

| Temp | HR | RR | BP | SpO2 | Pain (0-10) |
|------|----|----|----|------|-------------|
|------|----|----|----|------|-------------|

### Subjective data

What the patient or family tells you

### Objective data

Exam findings, labs, imaging, observations

## Clusters and Priority Diagnoses

### Cue clusters

Group related findings. Each cluster should point to one nursing diagnosis.

Priority 1 \_\_\_\_\_ Priority 2 \_\_\_\_\_ Priority 3 \_\_\_\_\_

| Nursing Diagnosis                                                                                                 | Expected Outcomes (SMART)                          | Nursing Interventions                     | Rationale               | Evaluation                           |
|-------------------------------------------------------------------------------------------------------------------|----------------------------------------------------|-------------------------------------------|-------------------------|--------------------------------------|
| <b>Priority 1</b><br>Label related to ____ as evidenced by ____ (risk: "Risk for ____ related to [risk factors]") | Patient will... (specific, measurable, time frame) | 3-5 actions: assess, act, teach, escalate | Why each works + source | Met / partially met / not met + data |
| <b>Priority 2</b>                                                                                                 |                                                    |                                           |                         |                                      |
| <b>Priority 3</b>                                                                                                 |                                                    |                                           |                         |                                      |

Outcome met

Partially met

Not met: revise plan

Plan revisions and references